

# SOAP(TT) Bible Study Method

*Learn about spending significant time in scripture and practical steps to gaining the most from scripture. For an excellent read on the topic, check out [Divine Mentor](#) by Wayne Cordeiro.*

## **S = scripture**

Read the entire chapter(s) or section of the Bible that you're reading for the day. Ask Jesus to point out to you one specific sentence or verse from all that you've read, to especially focus in on. Maybe it's one verse that stands out to you the most, or that you find interesting or have questions or curiosities about. Write down that verse/sentence in your journal, next to the "S".

## **O = observation**

Observe carefully what the verse says. Just like in science class, you make observations using your senses: what do you see, smell, hear, and feel going on? What do you notice about the tone, or how it relates to the verses surrounding it? If possible, it's helpful to think about who the passage was originally written to: what was the audience's situation at the time? What the author's purpose was for writing? What's going on and who's affected by what this verse says? (a Study Bible helps out big time here, as it gives you lots of explanation of the historical, social, spiritual, political, and biblical context). Write down your observations and hypothesis.

## **A = application**

This is where the rubber meets the road, meaning, the lesson you learned meets your heart and life. How can you apply what you've observed and learned to your own life? How can you be different as a result of what you studied? Make some **SMART** goals: **S**pecific, **M**easurable, **A**ttainable, **R**ealistic, **T**ime-sensitive.

## **P = prayer**

Write down a prayer in response to what God taught you from your SOAP.

**T = Title your journal entry** – A useful practice to help you summarize your thoughts into a sticky phrase or statement. It helps you remember what God said to you quickly.

**T = Tell** someone what you learned! Verbalizing your thoughts helps it become "sticky."