

CONNECTING WITH GOD

FOR STARTERS

1. What are some of your favorite ways to connect with God?

2. Which of the following words describes your current experience of personal prayer and time reading the Bible:

Boring	Meaningful	Routine	Non-existent	Sporadic
Disciplined	Vibrant	Rare	Freeing	Guilt-ridden
Spontaneous	Diverse	Stagnant	Intimidating	

Read Mark 1:32-39

Write out verse 35

DIGGING DEEPER

3. Why do you think Jesus felt the need to pray?

4. Why do you think that Mark draws our attention to the importance of Jesus spending time in solitude?

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5. What are the biggest barriers for you in finding meaningful solitude with God?

Read Psalms 1

6. In what ways are the “wicked” contrasted with the “righteous?”

7. What do you think it looks like to “delight in the law of the Lord?”

8. What is the Psalmist wanting to communicate to his readers through the image of the tree planted by streams of water?

9. What practical steps can you take to connect more deeply with God?