

Commitment: Becoming a Committed Person

Goals: To inspire (not guilt-trip) our Core members about the results of being committed people. This is not just about showing up at Core (though that is true), but trying to get at the root of having committed character in all aspects of our lives.

Openers:

1. **Think about someone** who has made a commitment to you and kept that commitment. (*Could be a small or big commitment, but some kind of promise that was made and kept*). Give them a moment to get that person in their minds.
 - Now **write down 10 words** that come to mind when you think about that person or that experience. (Everyone do this individually).
 - Have a few people **share** who that person was and what their commitment was, and some of the words they wrote down. (Suggestion: write these on a whiteboard or big sheet of paper)
2. Now, do the opposite. **Think about someone** who either has refused to make commitments to you, or has made commitments and broken them.
 - Give them a moment to get that person in their minds, and **write down 10 words** that come to mind when they think about that person or that experience.
 - Have people **share** a few words that came to mind. (Suggestion: write these on a whiteboard or big sheet of paper)
3. Which list was easier to brainstorm?
4. What do these two lists tell you about the importance of being a committed person?

Scripture:

- If you have a small group: have one person read each verse aloud and answer the following questions together.
- If you have a large group: split people into groups, give each group one verse and have them summarize their answers to the following questions.

Genesis 9:8-16

Genesis 12:1-3

Matthew 28:19-20

Revelation 21:3-7

1. What promises does God make in each of these verses?
2. How much would you say our life and future depend on God being committed to his word?.

Application:

1. What do you think some of the results will be if we are committed people?
2. What do you find challenging about making and/or keeping commitments?
3. How would being rooted in scripture impact your ability to make and keep commitments?
4. What are some present areas in which you sense God is calling you to become more deeply committed? Write those down.
5. What kinds of commitments do you think we could make to each other in this Core to make this Core the best possible?