**Semester reflection**

**What are some of the best things that happened this semester?** (Psalm 107:1,8; 118:21)

**What would you change about this semester?** (Rom. 8:28)

**How did you grow in your relationship with God? *(****What did you learn about who God is?**About being a part of a community of believers?**About sharing your faith?**About being a student?)*

**How does God want you to grow next?**

**What did you appreciate about 1on1’s?**  *How could they be even more helpful next year? (Gal 6:6)*

**Thanksgiving & Christmas Break SWOT (see back for ideas)**

**Strengths.** ​​What are some of your strengths currently in your relationship with Jesus?

**Weaknesses.** ​​What are some of the blind spots in your relationship with Jesus?

**Opportunities.** What are some potential opportunities for your own personal/spiritual growth over break? (see back for ideas)

**Threats.** What are some potential hindrances to your walk with Jesus over break? (see back for ideas)

**My Christmas Break Survival Plan:**

My Bible Reading Plan:

When and where will I read the Bible (ex. 9:00am every morning in my room):

Where will I go to church?

Which LG member will I stay in contact with? How?

**Examples**

*Winter Break can be both a blessing that fills us up, and/or a difficult time that drains us. Our hope for you is that Winter break is more than just an escape from the structure and responsibility of school. The goal is to not only survive but thrive during your time away.*

**Potential Threats / Draining activities**

* *Temptations to sin*
* *Jam-packed schedules*
* *Forgetfulness*
* *Family drama*
* *Too much T.V. or video games*
* *Peer pressure*
* *Self-centered entertainment lifestyle*
* *Just “find what feels good.”*

**Opportunities to Thrive / Life-giving activities**

* *Spend more time with family and friends*
* *Regularly attend gatherings with a church congregation*
* *Make staying in touch with fellow believers a priority*
* *Find something productive to do: work on a hobby, help family with projects, etc.* 
  + *Find something fun to do that will bring you joy, and make a point to notice God’s presence*
* *Make a plan for meaningful devotional time with Jesus*
  + *Have someone hold you accountable!*
  + *Try something new for time with Jesus:*
    - *Go on a walk, read a liturgical prayer, find an Advent devotional*
* *Set some spiritual goals, and reach them* 
  + *Reading/memorizing a section of scripture*
  + *Witnessing to a friend*
  + *Reading a Christian book of your choosing, etc.*
  + *Do at least one thing that is out of your comfort zone!*
  + *Practice a literal 24hr Sabbath*
* *Pray for your fellow life group members, for your campus, for Chi Alpha, for your family, for the mission trips, etc.*
* *Find ways to stay in touch with your Chi Alpha friends and encourage each other over break!*